



Second Harvest

The Youth Health Board is a collaborative effort between the Knox County Health Department and Coordinated School Health that serves as an opportunity for youth to gain skills and to affect the wellbeing of our community through programs, volunteer activities and other health-related projects.

We are looking for high school students who demonstrate strong leadership skills, a commitment to the community, and an interest in health to join the team! Members serve for one year, attend monthly meetings with guest speakers from a variety of health fields and participate in community service opportunities throughout the school year, serving a minimum of 15 hours.

▶ **Membership applications are due May 1.**



Scan the QR code at left.

“Opening my acceptance notification freshman year, I never would have known that my experiences from YHB would so notably impact my life. From discussing the negative effects of smoking, to helping the displaced, YHB is an incredibly enlightening venture that teaches high schoolers the importance of community betterment.

Youth Health Board creates a community of like-minded, passionate individuals who embody a voice for the voiceless and extend a helping hand wherever needed. It is an organization that brings curiosity, fulfillment, and fun to each member’s life, and something I have been lucky to be a part of for the past four years.”

Samaya Baljepally,
4th year in Youth Health Board



**KNOX COUNTY
TENNESSEE**
HEALTH DEPARTMENT

Email the Youth Health Board at:
yhbknnox@gmail.com

Mailing address Knox County Youth Health Board
c/o Knox County Health Department
140 Dameron Ave.
Knoxville, TN 37917

**Learn more about public health.
Make friends.
Have fun.**

KNOX COUNTY Youth Health Board



Empty Stocking Fund



**KNOX COUNTY
TENNESSEE**
HEALTH DEPARTMENT

Who We Are

- Knox County high schoolers
- Motivated students with strong leadership skills
- People committed to the health of our community
- Hard-working volunteers interested in health

Benefits of YHB

- Learn more about public health
- Participate and volunteer in fun community events
- Hear from local public health organizations and learn how they make a difference in the community
- Strengthens college application
- Make friends from other Knox County schools



Navitat Knoxville

KNOX COUNTY
**Youth
Health
Board**

Monthly Meetings

Dates: Fourth Tuesday of the month, 5 - 6:30 p.m.

August 22, 2023	January 23, 2024
September 26	February 27
October 24	March 26
November 28	April 23

Members must attend a minimum of six meetings.

Meeting Agendas

- Guest speakers in various public health fields
- Team-building activities
- Group project planning and brainstorming
- Learn about career opportunities

Social Focus Meetings

Dates: Second Tuesday, every-other month, 5 - 6:30 p.m.

September 12, November 7, January 9, and March 5.

Must attend a minimum of two meetings.

Fun Summer Activity
Tentatively scheduled for July 2023



Monthly meeting

Community Events and Service Hours

Serve a minimum of 15 hours through community events. Past events include:

- Beardsley Farm
- Coats for the Cold
- Special Olympics Bowling
- Empty Stocking Fund
- Second Harvest



Keep Knoxville Beautiful